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My work explores the nature of the self, emotional struggle, and the spiritual ideas I draw from metaphysics and Buddhism. After stepping away from painting for ten years, the complexity of human relationships prompted me to reflect on themes of loss, attachment, separation, and the search for my inner truth. This process eventually led me back to art-making, where I regard each work as a mirror of my evolving emotional and spiritual state.

I primarily use oil paint and two-dimensional mixed media. Inspired by the flames and atmospheric motifs in Buddhist imagery, I depict figures surrounded by flowing forms resembling fire, mist, and shifting energetic fields. These forms visualize encounters, tensions, and the quiet dissolving of connections. I often incorporate personal materials—such as handwritten journal pages—into my paintings and installations to preserve emotional memories and express their fragmentation of impact.

Guanyin Bodhisattva frequently appears in my work as a symbol of my family's Buddhist background and my exploration of impermanence. The passing of a relative first deepened my curiosity about death and the attachments that shape suffering, leading me to study Zen and Buddhist philosophy. The teachings of Zen and the *Diamond Sutra* inform my understanding of life's constant rising and ceasing—an insight I hope to translate into a healing and introspective visual language.

Looking forward, I aim to deepen my connection to my homeland by engaging with Taiwan's cultural and historical landscape, sharing these reflections with audiences from diverse backgrounds.